



LPG Sports Academy - Winter 2026 Schedule Brentwood Location

Indoor Arena at Crockett Park - 1485 Volunteer Way, Brentwood INDOORS

Tuesdays, January 6 - February 24

Price - \$149 early bird rate through November 24, \$169 after

Lil Sluggers Baseball	Tuesday
3&4 year olds	4:45pm
4&5 year olds	4:45pm
5/6/7 year old scrimmage class - 1/2 skills, 1/2 scrimmage ** <i>** must have completed an LPG 4&5 or older baseball class or played at least one season of league baseball</i>	4:45pm
Multisport	Tuesday
4&5 year olds (soccer, baseball, flag football, hockey)	4:00pm
KickStart Soccer	Tuesday
3&4 year olds	4:00pm
5/6/7 year old experienced scrimmage class (players should have experience and game awareness)	4:00pm



Indoor Classes - Behind Holy Family Catholic Church

Some helpful information:

- * We provide most of the necessary equipment. The only exceptions are:
- * No equipment necessary other than baseball gloves for baseball classes for ages 4&5 and above. Shin guards recommended for soccer classes ages 5 and above.
- * Your child should wear sneakers and comfortable clothing. No cleats please!
- * Bring a water bottle for hydration.
- * We offer make up classes! If you miss you can do make up classes during the session.

Class Descriptions

Baseball, Soccer, Basketball and Flag Football base level classes - these classes are designed to introduce age appropriate beginner to intermediate skills to prepare players to participate in local rec leagues. The curriculum is fun and engaging, and gives players the skills, experience and confidence needed to succeed in the sport of their choosing. We recommend taking at least one of these classes before beginning league play to help make that experience more positive and successful.

Baseball, Soccer, Basketball and Flag Football scrimmage classes - these classes build on skills developed in our base level classes, or league play. The classes introduce more advance skills and game concepts, and include up to 50% scrimmaging over the course of the session. These classes are great for off-season skill development or as additional practice in-season.

Multisport classes. Our multisport classes offer exposure to a variety of sports to allow kids to decide which ones they like most, and to have fun! Our 2 year old classes offer a mix of soccer and baseball and require parent participation. Classes for three year olds and above also include flag football and hockey, and in our Franklin location, basketball, and do not require parent participation. Each sport is taught in a module of one to three weeks and will include skills stations, group activities and at older ages, some scrimmaging. Our multisport classes are a great introduction to sports, and also can serve as a fun way to stay active with friends!

To register see lpgsportsnashville.com, scan QR code above or call 615-891-7028

LPG classes meet once a week for 45-50 minutes.

SEE FRANKLIN CLASS SCHEDULES ON BACK!