



LPG Sports Academy - Winter 2023 Schedule Brentwood Location

Tuesdays January 3 - February 28 9 Weeks of Classes

Price: \$149 / 9 weeks early bird rate through November 22 , \$169 after 20% off 2nd sibling or program

***** Price includes LPG Sports Academy T-shirt if registered by December 30 *****

Indoor Arena at Crockett Park - 1485 Volunteer Way, Brentwood, TN, 37027

Lil Sluggers Baseball	Tuesday	KickStart Soccer	Tuesday
3&4 year olds - beginner	4pm	3&4 year olds - beginner	4pm
4/5 year olds - beginner	4:45pm	Soccer Scrimmage - 1/2 skills, 1/2 game play, ages 4&5	4pm
Baseball Scrimmage Class - Ages 5&6 (some experience)	4:45pm	Soccer Scrimmage - 1/2 skills, 1/2 game play, ages 6/7/8	4pm
Baseball Scrimmage Class - Ages 7&8 (experienced players) (half skills instruction, half informal game play)	4:45pm	 Behind Holy Family Catholic Church	
Multisport - Soccer, Baseball, Flag Football, Floor Hockey	Tuesday		
3&4 year olds	3pm, 4:45pm		
Multisport Scrimmage - basic skills, more scrimmaging!!!!	Tuesday		
4&5 year olds * must have done 1 prior session, 2 recommended	3pm		

Session Dates for Indoor Arena at Crockett Park - Tuesdays January 3 - February 28

We will be back to our outdoor locations in Brentwood (Fellowship Bible Church) and Bellevue (Lee Co Dek Hockey Rink at the Bellevue YMCA) in Spring 2023.

LPG Sports Academy Class Descriptions:

- Multisport classes** - 20-30 months and 28-36 months - introduce basics of soccer and t-ball and gross motor skills with fun games and activities. Parent participation required.
- Multisport classes, ages 3 and up** - introduce fundamental skills of soccer, baseball, basketball (Franklin only), hockey and flag football with basic instruction and fun activities.
- Sport specific classes** - introduce skills required to succeed in team environments. Classes will start with basics and add group concepts and team play as session progresses.
- Scrimmage classes** - roughly 1/2 skills and 1/2 scrimmaging, with more emphasis on skills in first few weeks. For kids prepping for league play or those looking build on experience.
- PLUS classes** - age-appropriate advanced classes focusing on higher level skills, group play and strategy. Players should have at least one season of team or similar experience.
- NEXT LEVEL classes** - our most advanced classes. Players should have multiple seasons of team play or our classes and be enthusiastic. Advanced skills and drills and team play.

Some helpful information:

- *Child must be the proper age by the FIRST DAY OF THE SESSION. Any exceptions must be approved prior to registration (please call)*
- *No equipment necessary other than baseball gloves for Lil Sluggers classes for Ages 4+. Shin guards recommended for soccer classes ages 5+.*
- *Scrimmage and Plus classes - children should have age-appropriate experience to take these classes.*
- *Child should wear sneakers and comfortable clothing. Bring a water bottle for hydration!*

REGISTER ONLINE at www.lpgsportsnashville.com or call 615-891-7028

LPG classes meet once a week for 45-50 minutes.

We mix fun and fundamentals to give kids a great start in sports!

SEE FRANKLIN CLASS SCHEDULES ON BACK!