



LPG Sports Academy - Winter 2024 Schedule Brentwood Location

Tuesdays January 2 - February 27 9 Weeks of Classes

Price: \$159 / 9 weeks early bird rate through November 21 , \$179 after 20% off 2nd sibling or program

Indoor Arena at Crockett Park - 1485 Volunteer Way, Brentwood, TN, 37027

Lil Sluggers Baseball	Tuesday	KickStart Soccer	Tuesday
3&4 year olds - beginner	3pm, 4:45pm	3&4 year olds - beginner	4pm
Baseball Scrimmage Class - Ages 5&6 (some experience)	4:45pm	Soccer Scrimmage - 1/2 skills, 1/2 game play, ages 5/6/7	4pm
Baseball Scrimmage Class - Ages 7&8 (experienced players) (half skills instruction, half informal game play)	4:45pm	 Behind Holy Family Catholic Church	
Multisport - 2 year olds - soccer, baseball, fun motor skills	Tuesday		
28-36 months (parent participation)	3pm		
Multisport - Soccer, Baseball, Flag Football, Floor Hockey	Tuesday		
3&4 year olds	3pm		
4&5 year olds	4pm		

Session Dates for Indoor Arena at Crockett Park - Tuesdays January 2 - February 27

***We will be back to our outdoor locations in Brentwood (Fellowship Bible Church) and
Spring Hill (Longview Rec Center) in Spring 2024***

LPG Sports Academy Class Descriptions:

- Multisport classes** - 20-30 months and 28-36 months - introduce basics of soccer and t-ball and gross motor skills with fun games and activities. Parent participation required.
- Multisport classes, ages 3 and up** - introduce fundamental skills of soccer, baseball, basketball (Franklin only), hockey and flag football with basic instruction and fun activities.
- Sport specific classes** - introduce skills required to succeed in team environments. Classes will start with basics and add group concepts and team play as session progresses.
- Scrimmage classes** - roughly 1/2 skills and 1/2 scrimmaging, with more emphasis on skills in first few weeks. For kids prepping for league play or those looking build on experience.
- PLUS classes** - age-appropriate advanced classes focusing on higher level skills, group play and strategy. Players should have at least one season of team or similar experience.
- NEXT LEVEL classes** - our most advanced classes. Players should have multiple seasons of team play or our classes and be enthusiastic. Advanced skills and drills and team play.

Some helpful information:

- *Child must be the proper age by the FIRST DAY OF THE SESSION. Any exceptions must be approved prior to registration (please call)*
- *No equipment necessary other than baseball gloves for Lil Sluggers classes for Ages 4+. Shin guards recommended for soccer classes ages 5+.*
- *Scrimmage and Plus classes - children should have age-appropriate experience to take these classes.*
- *Child should wear sneakers and comfortable clothing. Bring a water bottle for hydration!*

REGISTER ONLINE at www.lpgsportsnashville.com or call 615-891-7028

LPG classes meet once a week for 45-50 minutes.

We mix fun and fundamentals to give kids a great start in sports!

SEE FRANKLIN CLASS SCHEDULES ON BACK!